



Kortright Hills

-Your Neighbourhood Group

“creating a village in the city”

Please Contact Us

We are located in the community room at
Kortright Hills Public School
23 Ptarmigan Drive Guelph, ON N1C 1B5
519.993.5264 kortrighthillsng@gmail.com www.khng.ca

Our Boundaries

- North** – Downey and Niska Rd from Hanlon to Waterfowl Park - North to Stone Road
- East** – Hanlon Expressway;
- West** – City Limits;
- South West** – City Limits to Downey Rd;
- South East** – Teal Dr. from Downey to Hanlon.

April 2021 issue

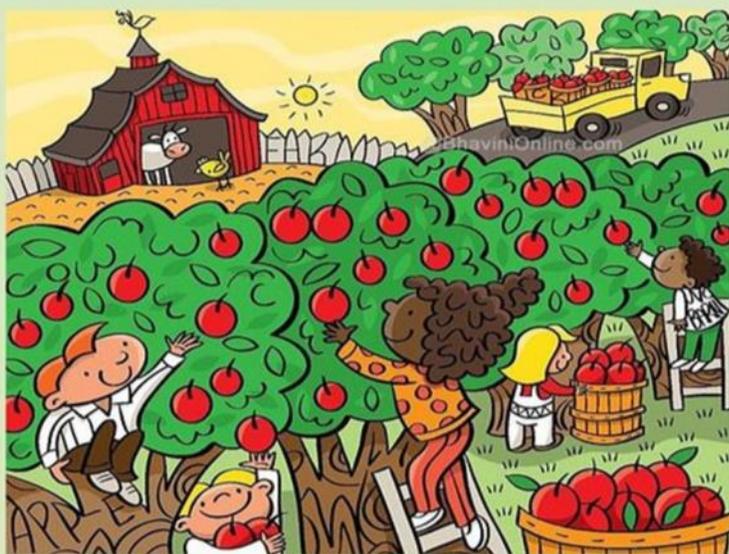
Visit us on the Web: www.khng.ca



LET'S PLAY EYE SPY!

April 1 to 14, 2021

Find the 6 Words Hidden in the Picture



ENTER USING BELOW LINK:

<https://forms.gle/x8gTa7yXjZAMMjuD6>

All entries will be entered into a random draw for a chance to win 1 of 3 prize packages. Winners will be contacted by email to arrange a contactless delivery.

Enter today for your chance to win!

Thank you to our sponsors:



KHNG VIRTUAL CONTEST MARK YOUR CALENDARS!

1) Let's Play
Eye Spy
April 1 - 14/21

2) Mother's Day
Contest
Apr 22-May 5/21

3) Father's Day
Contest
June 2 - 16/21



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Virtual Mother's Day Contest

April 22 - May 5, 2021

(prizes delivered before Mother's Day)

How To Play!

- List 5 famous Moms you see in the images
- List what movie/show they were in
- Each entry will be entered into a random draw for a chance to win 1 of 3 prize packages

Good Luck!



Fill out the google entry form below & your name will be entered into our Mother's Day Virtual Draw for a chance to win 1 of 3 prize packages.

Entry form link: <https://forms.gle/TdqX1MfRcK5JEfWV6>



HAPPY MOTHER'S DAY!





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Virtual Father's Day Contest

June 2 - 16, 2021

(prizes delivered before Father's Day)

How To Play!

- List 5 famous Dads you see in the images
- List what movie/show they were in
- Each entry will be entered into a random draw for a chance to win 1 of 3 prize packages

Good Luck!



Fill out the google entry form below & your name will be entered into our Father's Day Virtual Draw for a chance to win 1 of 3 prize packages.

Entry form link: <https://forms.gle/3qschDNpkhuTcgLs5>



Thank you to our sponsors:



HAPPY FATHER'S DAY!





Wild Birds Unlimited
Nature Shop

Get Ready for a Fun-Filled Season in your Backyard!

Shop Online at mywbu.com/guelph

Visit us at 987 Gordon St, Guelph ON

Call 519-821-2473

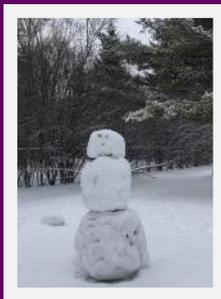
Delivery and Pickup Options available!
Details at guelph.wbu.com



Mountain Bluebird



WANNA BUILD A SNOWMAN CONTEST IMAGES!



Thank-You For Participating!



Kortright Hills
-Your Neighbourhood Group

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Welcome!

Thank You!

Stay Informed:

If you are new to the Neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scouting Group, Kortright Hills Public School and the GNSC. Your support for our neighbourhood is greatly appreciated!

To get email updates of our neighbourhood events delivered to your inbox, please send your request to kortrighthillsng@gmail.com. Visit our website, Facebook group or page telling you of upcoming events, programs and workshops.

Spring Programs!



REGISTER TO ATTEND A SCOUTS CANADA PROGRAM NEAR YOU

Programs are STEM based

To join contact Nikki by email:

26thguelph@w.scouters.ca



Beavers	ages 5-7	meet Mon 6:30-7:30
Cubs	ages 8-10	meet Wed. 7:00-8:30
Scouts	ages 11-14	meet Tues 7:00-8:45
Venturers	ages 14-17	meet Tues 7:00-9:00

WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

***** CURRENTLY ALL EVENTS & PROGRAMS HAVE BEEN CANCELED OR VIRTUAL TILL FURTHER NOTICE *****

- * Planning of upcoming events
- * Becoming a leader with 26th Scout Group
- * Volunteering with KHNG

If these or similar opportunities are of interest to you, contact us today at kortrighthillsng@gmail.com
Your help is needed – call or e-mail us today!!



Mark your calendars to participate in KHNG Virtual Fall Contests:

KHNG ANNOUNCES 3 VIRTUAL THEMED CONTESTS BEGINNING April 1st to June 16th, 2021

- 1) April - Let's Play Eye Spy!
- 2) May - Mother's Day Contest!
- 3) June - Father's Day Contest!

KHNG Events & Programs:

ALL KHNG IN PERSON EVENTS HAVE BEEN CANCELLED AND/OR POSTPONED TILL FURTHER NOTICE DUE TO COVID-19

Visit KHNG website for up to date events: www.khng.ca and consider getting involved with *YOUR Neighbourhood Group* Join us the 3rd Thursday of each month at 7:00 pm in the Community Room for our monthly meetings. **(MEETINGS HAVE BEEN CANCELLED TILL FURTHER NOTICE)**

Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2021

Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border

\$100.00 for Newsletter \$50.00 for Website

Half page ad, graphics, logo and border

\$50.00 for Newsletter \$25.00 for Website

Quarter page ad, graphics, logo and border

\$25.00 for Newsletter \$15 for Website

Business card size, graphic, logo and border

\$15.00 for Newsletter \$10.00 for Website

Small word ad, max 15 words, No graphics, FREE

Newsletter advertising helps fund KHNG events

Advertise in our next newsletter July 2021!!

**** KHNG OFFICE ****

IS CLOSED TILL FURTHER NOTICE TO REACH OUR STAFF PLEASE EMAIL:kortrighthillsng@gmail.com

Phone Number: 519.993.5264





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Share Community News In The KHNG Newsletter:

KHNG sends an electronic newsletter, four times a year, next issue is July 2021. Want to advertise your business,? Want to share your favourite recipe? Write an article of interest? Or are you a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn). Send your information by E-mail to: kortrighthillsg@gmail.com. This is a great way for Kortright Hills Neighbours to come together by sharing thoughts, talents & services with our community neighbours.

Kortright Hills Community News!



Thank You
TO OUR FABULOUS
Volunteers



Thank you to Vanessa and Andrew Duszczyszyn, Olaf Bulman and Adrianna Zeleny our wonderful community volunteers. They spent many hours prepping and creating a rink at Mollison Park for everyone to enjoy this past winter. Thank you also to Councillor Dominique O'Rourke of Ward 6 for being an extra voice in helping with the process in getting permission this year for a rink at Mollison Park. We appreciate all the support to have a safe and fun winter activity for our KHNG community families to enjoy during such a difficult time.



KHNG Pet Corner

Name: Ivy Rose, Duchess of Wellington County

Birthday: 16 months old

Breed: Havanese

Family: Kirsten, Jim, Kara

Favourite neighbourhood hangout: Mollison Park

Favourite Treat: Zuke's Mini Naturals and Merrick Power Bites

Best Friends: Bumpy, Holly, Quincey, Hamish (her boyfriend), Poppy, Ruby, Mya, Beth, Toby, Oliver, Charlie, Reddington, Sparky, Sno, Lightning, Murphy, Milo, Monty, Sheldon, Ned, Nash and Big Ivy



KHNG Distribution List

KHNG Electronic Mailing List

Join KHNG mailing list to receive newsletters/posters of recreational and social events within your neighbourhood. Tell your friends and neighbours, call or email Leone kortrighthillsg@gmail.com to add your email to our electronic list.

Community Crime Info - Winter 2021

- January 9 - Caught on surveillance camera around 4:30am. A man stole something from the owner's front porch located Hazelwood/Downey area.
- Early February - A black 2006 GMC Sierra pickup truck was stolen from the owner's driveway located on Pheasant Run Drive near Downey Road.
- March 17 - Caught on surveillance camera at 1:42am. A man tried to break into the owner's locked vehicles. The owner's neighbour's vehicle was ransacked as it was unlocked unfortunately.
- Tip - If you have a GPS, instead of inputting your home address in the "home" section, instead type "115 Downey Road" which is the Hasty Market address. If your GPS was stolen outside of your driveway, the thief will not know your exact home address and this increases more security to your well-being.



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26th Scout Group Virtual Craft Fair



26TH GUELPH SCOUTS ANNOUNCES VIRTUAL CRAFT FAIR

April 4th to April 10th, 2021
26th Scout Group Spring Is Here Event

April 25th to May 1st, 2021
26th Scout Group Mother Day Event

For each event week we have up to 25 vendors to share an array of products and gifts for every occasion.

To join us at each event please click on the below Facebook link:
<https://www.facebook.com/groups/435557377406975>



26th Guelph Scouting Group

Attention:

We are looking for volunteers to help run our scouting programs: Beaver Scout, Cub Scout, Scouts, Venturer Scout
If interested please contact Nikki Group Commissioner of the 26th Guelph Scout Group: 26thguelph@w.scouters.ca



Wednesday June 21, 2021

Happy First Day of Summer



Kortright Hills Community News Cont'd!



KHNG & GNSE Food Boxes



Fresh Local Food Box

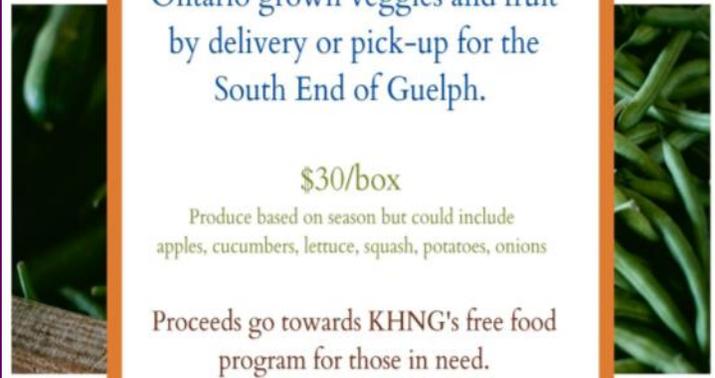
Ontario grown veggies and fruit
by delivery or pick-up for the
South End of Guelph.

\$30/box

Produce based on season but could include
apples, cucumbers, lettuce, squash, potatoes, onions

Proceeds go towards KHNG's free food
program for those in need.

Please email kortrighthillsg@gmail.com for
details and registration



Kortright Hills Public School Info



Dates to Remember:

Professional Activity Day:

- Friday June 4, 2021

Statutory Holiday:

- Fri April 2, Mon April 5, Mon May 24, 2021

Board Designated Holiday:

- Monday April 12 to 16, 2021



Kortright Hills Neighbourhood Little Libraries

Do you like to read? Are you purging books but don't want to give them to thrift stores? You can leave and share books through the Little Free Lending Library. If you see a bird box looking contraption located in the front lawn, they house books that anyone can take for free.

Locations in the Kortright Hills Neighbourhood area:

1. Valleyridge Trail
2. Downey Road near Parmigan Drive
3. Corner of Downey Rd and Hazelwood
4. Sandpiper Drive near Merganser Dr.
5. Old Colony Trail



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SUPPORT LOCAL BUSINESS

SUN SAFETY

- Apply sunscreen that is **SPF 30** or more 20 minutes before you go outside
- Wear clothes that cover your skin such as hats, shoes, long pants, and long sleeved shirts
- Protect your eyes with sunglasses that are UVA and UVB rated
- Stay in the shade

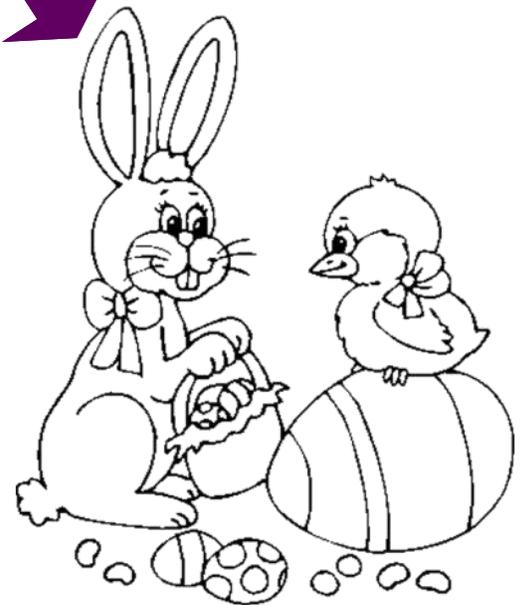
HEAT WAVES

- Drop into a cool store, restaurant or Theatre every so often
- Stay hydrated by drinking enough water and avoiding caffeine and alcoholic beverages
- If you do not have air conditioning, try sitting in front of a fan
- Take cool showers to help lower your body temperature

THUNDERSTORMS/LIGHTNING

- Go inside or remain in your vehicle
- Inside buildings, stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity
- Stay inside your vehicle; you may get a shock if you step outside
- Lightning victims do not carry an electrical charge, are safe to touch, and need urgent medical attention

Happy Easter



Seasonal Safety Tips

April - The nice weather will be starting and there will be an increased number of cyclists on city roadways. Please share the roadway and take note of cyclists around you.

May - Make sure your car is in proper repair to start your holiday weekend. Please don't drink and drive. Kids, make sure you wear your bicycle helmet.

June - School's out... make sure you are aware of the increased pedestrian and bicycle traffic from youths on city streets and neighbourhoods.

Other tips can be found on the Guelph Police Services website: <http://www.guelphpolice.com>

GUELPH POLICE SERVICE

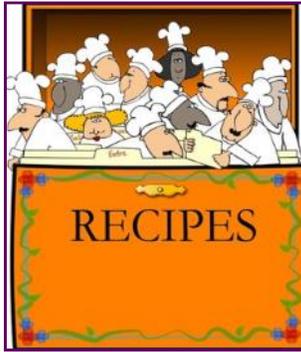
PRIDE SERVICE TRUST



Kortright Hills

Recipe

Corner!!



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Quick and Hearty Asparagus Soup



Ingredients:

1 pound fresh asparagus, trimmed	1 tablespoon butter
½ cup butter	1 onion, chopped
2 cloves garlic, minced	3 tlbsp all-purpose flour
1 (10.75 ounce) can cream of chicken soup	6 cups milk
½ tsp hot pepper sauce	2 tablespoons salt
1 tlbsp ground black pepper	¼ tsp liquid smoke flavoring

Directions:

Cut the asparagus spears into bite-size pieces; set the tips aside. Divide the spear pieces into two separate microwave-safe containers. Place 1/2 tablespoon butter in each bowl. Loosely cover both containers and place in the microwave oven; cook on High until the asparagus is completely soft, 15 to 20 minutes.

While the asparagus steams, melt 1/2 cup butter in a large saucepan over medium-high heat; cook the onion and garlic in the butter until soft, about 5 minutes. Sprinkle in the flour and stir briskly for 1 minute. Add the chicken soup, milk, hot pepper sauce, salt, pepper, liquid smoke, and the steamed asparagus stalks; cook until heated through, 7 to 10 minutes.

Pour about 3/4 of the soup into a blender in batches, filling the pitcher no more than halfway full. Hold down the lid of the blender with a folded kitchen towel, and carefully start the blender, using a few quick pulses to get the soup moving before leaving it on to puree. Puree until smooth and pour into a clean pot. Add the remaining 1/4 of the soup into the pureed soup; stir in the asparagus spears. Cook until thoroughly reheated, about 5 minutes.

Spring Strawberry Spinach Salad



Ingredient:

1 bunch spinach, rinsed
 10 large strawberries, sliced
 ½ cup white sugar
 1 teaspoon salt
 ⅓ cup white wine vinegar
 1 cup vegetable oil
 1 tablespoon poppy seeds

Directions:

In a large bowl, mix the spinach and strawberries.

In a blender, place the sugar, salt, vinegar, and oil, and blend until smooth. Stir in the poppy seeds. Pour over the spinach and strawberries, and toss to coat.

"Cooking is an expression that crosses boundaries"

Greek Chicken Penne

Ingredients

1 pkg (500 g) Catellia Penne Rigate
 1 cup (250 ml) greek-style or herbed vinaigrette, divided
 1 lb (500 g) sliced chicken breast
 2 tsp (10 mL) dried oregano leaves
 1 red onion, sliced
 1 each large red and orange pepper, sliced
 1 cup (250 mL) crumbled feta cheese
 slivered black olives (optional)

Directions:

Cook penne according to package directions.

Meanwhile, set a large nonstick skillet over medium-high heat. Add 2 tlbsp (30 mL) dressing, chicken and oregano; stir-fry until golden and no pink remains. Remove to a plate. Add 2 tlbsp (30 mL) additional dressing, onions and peppers to skillet; stir-fry until tender-crisp.

Add hot cooked penne, chicken and remaining dressing; toss to combine. Sprinkle with feta and olives (if using) to serve.



Kortright Hills Recipe Corner!!



Irish Cheddar Spring Onion Biscuits

Ingredients:

2 cups self-rising flour, plus more for kneading
¼ teaspoon baking soda
7 tablespoons very cold butter, cut into pieces
¾ cup buttermilk, plus additional for brushing
½ cup shredded Irish Cheddar cheese, divided,
plus more for topping
¼ cup sliced green onions, divided



Directions:

Preheat oven to 400 degrees F (200 degrees C). Line a baking sheet with parchment paper. Whisk self-rising flour and baking soda together in a mixing bowl. Add cold butter and cut it into flour with a pastry blender until texture resembles coarse crumbs, 5 to 7 minutes. Make a well in the center of the flour mixture and pour in the buttermilk. Stir with a fork just until mixture starts to come together to form a shaggy dough.

Transfer dough to a floured work surface. Press into a roughly shaped rectangle. Fold into thirds using a bench scraper. Press again into a rectangle. Flour surface if the dough seems sticky. Roll dough with a rolling pin to 1/2-inch thickness. Sprinkle with half of the shredded cheese and half of the green onions. Fold dough into thirds. Dust with flour, if necessary, and roll out again to about 1/2-inch thickness. Top with remaining cheese and green onions. Fold into thirds and roll out again to about 1/2 inch thickness. Cut biscuits with a 2- or 3-inch biscuit cutter.

Transfer biscuits to prepared baking sheet. Brush lightly with buttermilk. Sprinkle tops with about a teaspoon of grated cheese.

Bake in preheated oven until cooked through and golden brown, about 20 minutes. Transfer to a rack to cool.

Ice Cream Sandwich Dessert

Ingredients:

22 ice cream sandwiches
1 (16 ounce) container frozen whipped topping, thawed
1 (12 ounce) jar caramel ice cream topping
1 ½ cups salted peanuts



Directions:

Cut one ice cream sandwich in half. Place one whole and one half sandwich along a short side of a high-sided 9x13-inch casserole dish. Repeat until bottom is covered, alternating the whole and half sandwiches. Spread with half of the whipped topping. Pour caramel on top. Sprinkle with half of the peanuts. Repeat layers with remaining ice cream sandwiches, whipped topping, and peanuts. The pan will be full. Cover and freeze for up to 2 months. Remove from freezer 20 minutes before serving. Cut into squares.

At the Beach Jell-O® Treat

Ingredients:

2 (3 ounce) packages berry-flavored gelatin (such as Jell-O® Berry Blue)
2 cups boiling water
2 cups cold water
1 (8 ounce) container whipped topping
2 cups graham cracker crumbs
¼ cup teddy bear-shaped graham snacks, or as needed
cocktail umbrellas



Directions:

Stir berry-flavored gelatin and boiling water together in a bowl until gelatin is dissolved, about 2 minutes. Stir in cold water until evenly mixed. Pour gelatin mixture into small cups about 3/4-full. Refrigerate until set, 2 to 3 hours.

Fill a plastic bag with whipped topping and cut 1 bottom corner of the bag; pipe whipped topping onto each gelatin cup. Sprinkle graham cracker crumbs onto the whipped topping until fully covered, creating 'sand'. Arrange bear-shaped graham snacks on the 'sand'. Place an umbrella in the sand.

Chocolate Allspice Dessert Nachos

Ingredients:

2 tablespoons white sugar
1 tablespoon cocoa powder
¼ teaspoon ground cinnamon
⅛ teaspoon ground allspice
6 (8 inch) flour tortillas
½ cup butter, melted
½ cup peanut butter, melted
½ cup caramel dip
½ cup chocolate syrup
½ cup whipped topping (such as Cool Whip), or more as needed



Directions:

Preheat oven to 350 degrees F (175 degrees C). Mix sugar, cocoa powder, cinnamon, and allspice together in a bowl.

Coat both sides of flour tortillas with melted butter; cut tortillas into quarters. Coat 1 side of tortillas with sugar mixture. Arrange tortilla pieces in a single layer on a baking sheet.

Bake in the preheated oven until golden brown and crispy, 12 to 16 minutes.

Arrange baked tortilla pieces on a serving platter; drizzle with peanut butter, caramel dip, and chocolate syrup. Top with whipped topping.